

Pre-Operative Clinic: Knee Replacement

I'm one of the specialist pre-op nurses. Pre-assessment is about ensuring that you are safely prepared for your surgery. When you come to see us in clinic you will have your height, weight, temperature, pulse, blood pressure, ECG and bloods taken. You will then see another member of the nursing team who will then go through a detailed health history with you and also give you information about what to expect when you come into hospital.

I'm one of the physiotherapists and you will also see me at pre-assessment for your total knee replacement. We will discuss the procedure with you, your expected length of stay and the enhanced recovery program you will follow. We will also go through any walking aids, equipment and exercises you will need to do whilst in hospital and provide full discharge advice.