

Wound Care

Hi my name is Liz and I am Mr Hoad-Reddick's specialist nurse and you'll see me when you first come into hospital, and I'll oversee your care throughout your stay in hospital. When its been decided that you can go home I will come in and see you to discuss your wound care and I will give you this leaflet to take home with you.

The main points are that you've got a subcuticular suture, which is a stitch underneath the skin that you cannot see. It is dissolvable and therefore there are no sutures to remove. You'll also have a sticky dressing on the wound which after seven days you will be able to take off. You will need somebody at home to do that for you. All they need to do is wash their hands, peel the dressing off and apply the new dressing which the nurses will send home with you. Over the top of the wound you'll have a fine film of glue which after you've taken the final dressing off, you get out the shower and you just need to use a clean towel, dab that area and it will soon dissolve.

If you have any issues at all with your wound, give us a ring either on the ward or in the office. The contact details are on the back of the leaflet. We just ask you to not ring your GP, to ring us, as we deal with any problems differently than they would.