

Wound Care: Hip Replacement

Hi my name is Liz and I am Mr Hoad-Reddick's specialist nurse. You'll see me when you come into hospital for your operation and I will come and see you after your operation to explain what we have done and to discuss this leaflet with you which is all about your wound care and what to expect post-operatively.

You'll have three cuts in the side of your hip, sometimes four, each one has a stitch in it and you'll have a little sticky dressing that is covering those holes. These are waterproof and you'll be able to get in and out of the shower with them.

You'll get a follow up appointment with Mr Hoad-Reddick in the post and that will be for 10-12 days after your operation. At this appointment Mr Hoad-Reddick will remove those stitches for you. You usually remain on crutches for two weeks following the surgery. If you need to be on for longer we will discuss that when I come to see you after your operation.

You'll also need to engage fairly quickly with your physiotherapist. The physios from here will come and see you after the surgery and they will discuss that with you. When you go home you need to continue with the exercises they give you in the hospital.

The only time you need to be concerned about any swelling that you may get in your leg following your surgery when you go home is if you get any redness, hardness or discomfort in your calf. If that happens you need to give us a ring. All the relevant contact details are on the bottom of this leaflet and please don't hesitate to ring us if you have any queries or questions following your discharge.